



## Volunteer Opportunities at Elevate

### **About Elevate:**

Join NEMBA, VMBA & KTA for a weekend built by and for women and gender-expansive individuals from June 14 - 16, 2024. Elevate offers opportunities to cultivate community, develop skills, build friendships, and foster your love for mountain biking!

We invite you to join our volunteer team to lead and support our Rides, Workshops & Clinics. You'll be a pivotal part of making this weekend a memorable experience for our participants!

### **Who you are:**

Passionate about mountain biking and fostering a welcoming community for women and gender-expansive individuals.

### **What you'll receive:**

Without volunteers like you, Elevate could not happen, let alone be a transformative, uplifting event for so many individuals. Volunteers will receive complimentary admission to Elevate for the entire weekend, including access to all activities outside of the rides/workshops and the opportunity to enjoy the food, film night, dance parties, yoga, raffle, speaker presentations, and more! Volunteers also receive a limited edition Elevate shirt!

### **What you'll do:**

We have a wide array of volunteer opportunities that adhere to all different interests and skill levels including group rides through KT and Burke Downhill Resort and support for our workshops and skill clinics!

We ask that volunteers support at least three sessions and attend a virtual pre-Elevate meeting.

### Session Times:

- Friday: 1:00pm - 4:00pm
- Saturday: 9:30 am - 12:30 pm
- Saturday: 2:00 pm - 5:00 pm
- Sunday: 9:30 am - 12:30 pm

**What is a Ride Leader:**

Our Ride Leaders will be leading our amazing group rides, based either on the KT network or at Burke Downhill Resort. As a Ride Leader, you can comfortably navigate through KT or Burke and feel comfortable leading a group that matches the appropriate skill level. Ideally, you'd have some basic trailside repair skills in case of a flat tire or a dropped chain (though not required!). We ask that Ride Leaders have a current first aid/CPR certification.

**What is a Group Ride Sweep:**

Our Group Ride Sweeps will support the Ride Leaders by ensuring the group stays together, keeping the stoke high for everyone, and providing support to participants. You can ride at the same skill level as the group and while knowledge of the networks is not required, having a general sense of the area is preferred. Basic trailside repair skills are also a bonus!

**Workshop & Clinic Supports**

Elevate will be FULL of amazing workshops and clinics for our participants to hone in on their skills on and off the bike. As a support, similar to a Group Ride Sweep, you'll either support a Coach or Instructor with the session by keeping the excitement high, keeping the group together, providing support to participants, and supporting the Coach/Instructor. Knowledge and coaching experience of that specific workshop/clinic is not required though a bonus!

**What should you sign up for?**

Whatever sparks your interest! You can view the breakdown of all of our session offerings on our website and what each skill level means. If you have any questions, let us know!

**How to Apply:**

Complete our [volunteer application](#) by March 15th.

Thank you for considering Elevate as your volunteering opportunity. Together, let's make a lasting impact on the world of women and gender-expansive cyclists.