



Instructors & Coaches Job Description

About Elevate:

Join NEMBA, VMBA & KTA for a weekend built by and for women and gender-expansive individuals from June 14 - 16, 2024. Elevate offers opportunities to cultivate community, develop skills, build friendships, and foster your love for mountain biking!

We invite you to join our team to lead our Rides, Workshops & Clinics. You'll be a pivotal part of making this weekend a memorable experience for our participants!

Who you are:

Passionate about mountain biking and fostering a welcoming community for women and gender-expansive individuals.

Coaches should have :

- Knowledge and skills to coach our participants through specific skills or extremely technical terrain
- At least a Level 1 MTB Coaching Certification or equivalent
- Current First Aid/CPR Certification
- A passion for teaching others and supporting a welcoming and inclusive environment

Instructors should have:

- Knowledge and skills to teach our participants specific skills
- Previous experience with the appropriate workshop
- A passion for teaching others and supporting a welcoming and inclusive environment

What you'll receive:

Without coaches/instructors like you, Elevate could not happen, let alone be a transformative, uplifting event for so many individuals. Coaches and Instructors will receive complimentary admission to Elevate for the entire weekend, including access to all activities outside of the rides/workshops and the opportunity to enjoy the food, film night, dance parties, yoga, raffle, speaker presentations, and more! Coaches and Instructors also receive a limited edition Elevate shirt!

We strongly believe in supporting individuals - especially women and gender-expansive folks - working professionally in the mountain bike industry. Elevate is not a for-profit event, and while we cannot yet commit to offering financial stipends to Coaches & Instructors, we are working on securing funds to provide such support to the Coaches & Instructors who are instrumental in making Elevate a success.

What you'll do:

We have a wide array of opportunities that adhere to all different interests and skill levels for our participants! Coaches and Instructors are expected to lead all four sessions and a virtual pre-Elevate meeting.

Session Times:

- Friday: 1:00pm - 4:00pm
- Saturday: 9:30 am - 12:30 pm
- Saturday: 2:00 pm - 5:00 pm
- Sunday: 9:30 am - 12:30 pm

Available Sessions:

- Group Ride: Summit Trails off Burke Downhill Resort (expert terrain)
- Workshops:
 - Trailside Fix-a-Flat
 - Bleed Your Brakes
 - Overcoming Mental Barriers
 - Strengthen Off & On Your Bike
- Skills Clinic:
 - Intro to Drops
 - Improve Your Cornering
 - Pick the Right Line
 - Elevate your Riding (for beginners)
 - Elevate your Riding (for intermediates)

How to Apply:

Complete our [Coach & Instructor Application](#) by **March 15th**.

Thank you for considering Elevate as your volunteering opportunity. Together, let's make a lasting impact on the world of women and gender-expansive cyclists.